

L'açaï bowl comme à Rio !

açaï & you

Limited editions

Sweet



WINTER BOWL

Acai cream base full of antioxidants, kiwi, grenade, banana, homemade crunchy granola, homemade peanut butter and a mix of grains (chia, pumpkin, goji baie).

+1,50€ in brunch



11,5€



13,5€



16,5€

The extra of the moment, to spice up your favorite bowl!

Almond and Hazelnut praliné : 2€

Salty



HOT BOWL CURRY COCO

Coconut rice base, vegetable strips marinated in red curry, coconut cream and peanut butter, avocado, cucumber, pineapple, marinated peppers, fried onions and grated coconut.

FARMER BOWL

Gnocchi base, veggie nuggets, spinach, marinated chickpeas, feta, eggplant caviar, soft-boiled egg, pumpkin seeds and pomegranate.

14€

+3€ in menu

Drink

SANTA LATTE

Espresso shot, frothed milk and gingerbread syrup

5,5€



VEGAN



GLUTEN FREE

Net prices in euros (€) VAT et service included.

Super Smoothies



30cl

42cl

BANANA BREAD

5,40€ 7,40€

All the taste of our famous Banana Bread into a smoothie ! Oat milk, banana, dates, chocolate and a touch of cinnamon.

JUST AÇAÏ

4,90€ 6,90€

Açaï & banana.

THANK YOU BERRY MUCH

4,90€ 6,90€

Strawberry, banana & oat milk.

CREAMY AVOCADO

4,90€ 6,90€

Avocado, dates & oatmilk.

PINKY BLENDER

5,40€ 7,40€

Dragon fruit, litchie & agave syrup.

PASSIONÉMANGUE

5,40€ 7,40€

Mango pulp, passion fruit, chia graines.

SUPER CHOCO PROTEINE

5,40€ 7,40€

Cocoa, dates, oats, homemade peanut butter, banana and oat milk.

ANTI-BLUES

5,40€ 7,40€

Spiruline, pineapple, cucumber, spinach, lime juice & agave.

RIO VIBES

5,40€ 7,40€

Strawberries, pineapple, mint & lime.

SQUEEZED ORANGE JUICE

4€ 6€

Fresh & eco-friendly

LEMONAID - 4€

Lime, passion or Ginger

CHARITEA - 4€

Green, black or Red Rooibos.

COCONUT WATER - 4€

[acaiandyou.fr](https://www.instagram.com/acaiandyou.fr) Wifi : feellikerio

Hot & cocooning

La main noire

HOT CHOCOLATE by AY - 5,20€

Acai with natural taste of chocolate, cacao and textured milk.

CHAÏ LATTÉ - 5,20€

Spiced indian tea infused in textured milk.

MATCHA LATTÉ - 5,20€

Japanese tea infused in textured milk.

CHARCOAL LATTÉ - 5,20€

Vegetal charcoal infused in textured milk with coconut sugar.

GOLDEN LATTÉ - 5,20€

Tumeric, ginger, pepper & cinnamon infused in textured milk.

PEA FLOWER LATTÉ - 5,20€

Blue indonesian flower with ginger infused in textured milk with coconut sugar.

TEA DAMMANN FRÈRES - 3,50€

Green Mint, Miss Dammann (peach, gingembre, passion) or Carcadet provence (hibiscus, apricot, peach).

CAPPUCCINO - 3,70€

Single shot espresso with textured milk.

COFFEE LATTÉ - 4,20€

Double shots espresso with textured milk.

ESPRESSO - 2€

ALLONGÉ - 2,50€

DOUBLE ESPRESSO - 3€

AMERICANO - 3€

Make it iced ! : + 0,50€
Oat milk : + 0,50€
Almond milk : + 1€
Extra large 42 cl (To go only) : + 1,50€

Net prices in euros (€) VAT et service included.

L'açaï bowl comme à Rio !
acai & you
ENGLISH

Açaï bowls

SIZES : **M** +2€ **L** +5€

SALTED CARAMEL BOWL - 11,50€

Acai cream base full of antioxidants, roasted cashews, salted butter caramel, blueberries, banana, homemade crunchy granola, homemade peanut butter and a mix of grains (chia, pumpkin, goji baie).
+1,5€ with brunch

SUPER BOWL RASPBERRIES - 10,50€

Acai cream base full of antioxidants, banana, raspberries, homemade almond & walnut granola, homemade peanut butter and a mix of grains (chia, pumpkins, goji baie).
+0,5€ with brunch

BERRY BOWL - 10€

Acai cream base full of antioxidants, banana, blueberries, homemade almond & walnut granola, 9,5 homemade peanut butter and a mix of grains (chia, pumpkins, goji baie).
Included in our brunch

MANGO BOWL - 10€

Acai cream base full of antioxidants, banana, mango, homemade almond & walnut granola, homemade peanut butter and a mix of grains (chia, pumpkins, goji baie).
Included in our brunch

EXTRA PLEASURE

Fresh fruits, homemade granola, homemade peanut butter : +1€
Grated coconut, coconut chips, banana chips, mix of grains : +1€

Cookie dough : +2€

Must by Açaï & You

CREAMY HOMEMADE
PEANUT BUTTER - 300G
7,90€

ORGANIC AÇAÏ PULP - 380G
9,50€

CRUNCHY HOMEMADE
GRANOLA - 300G
9,90€

MUG
(-5% OFF ON ALL DRINKS TO GO)
8€

TOTEBAG 100% COTON
8€

COCONUT BOWL ECO FRIENDLY
8€

Homemade cakes & snacks

BANANA BREAD - 4€

Cinnamon-flavored banana cake, dark chocolate pieces and tender dates (naturally sweet)

SUPER JUICY DATES X2 - 4,20€

Madjool dates stuffed with our peanut butter and coated with dark chocolate and pralines

ENERGY BALLS X2 - 4€

Grated coconut flavorfully mixed in our peanut butter and coated with dark chocolate & pralines



VEGAN



GLUTEN FREE

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Bowls salés

BAHIA BOWL VEGAN - 11€

Vinegared rice, sliced avocado, radish, mango, red cabbage, edamame, cucumber, seaweed wakame, black and white sesame, crispy onions.

Sauces : Soja Ginger (salty) or Sweety Lime (sweet soy sauce with lemon).

Included in our menu.

BAHIA BOWL PROTEIN - 14€

Fresh marinated salmon, vinegared rice, sliced avocado, radish, mango, red cabbage, edamame, cucumber, black and white sesame, seaweed wakame, crispy onions.

Option : Make it vegan with our chicken style soya strip

Sauces : Soja Ginger (salty) or Sweety Lime (sweet soy sauce with lemon).

+3€ in our menu.

SAMBA BOWL PROTEIN - 14€

Fresh marinated salmon, vinegared rice, avocado, mango, edamame, red marinated pepper, black and white sesame & crispy onions.

Option : Make it vegan with our chicken style soya strip

Sauces : Soja Ginger (salty) or Sweety Lime (sweet soy sauce with lemon).

+3€ in our menu.

EXTRA PLEASURE

Fresh marinated salmon (Label Rouge) : +3€

Chicken style soya strip : +3€

Menu Breakie

FOR BREAKFAST & SNACK

HOMEMADE SNACK

Banana bread

+

AÇAÏ BOWL SMALL

(Açaï, banana, homemade granola & peanut butter)

(Extras +1€)

+

CHOICE OF DRINK

(Smoothie 300mL ou boisson fraîche ou boisson chaude)

16€

Menu Açaimood

ONLY DURING WEEKDAYS

BAHIA BOWL VEGAN

(Protein +3€)

+

AÇAÏ BOWL SMALL

(Açaï, banana, homemade granola & peanut butter)

(Extras +1€)

+

DETOX WATER OF THE DAY

17,90€